

Choosing Your Confirmation Name

- One of the traditional practices in the Church at the time of Confirmation is choosing a name that will **remind you of this sacrament**.
- Your **prayerful reflection** will help you decide on that name.
- You have a choice to **keep your baptismal name**, signify you are confirming the faith that was given to you at your Baptism.
- You may also **choose to add a name**, to signify your new and deeper awareness of what it means to be a disciple of Jesus.
- If the choice is made to add a new name, **it is to be a Christian name**.
- **It should reflect a saint whom you can admire and imitate.**

Check out some web-sites to learn more on some people who really lived the “Catholic Way of Life”.

<http://www.catholic.org/saints>

<http://www.catholic-forum.com/saints/indexsnt.htm>

[www.lifeteen](http://www.lifeteen.com)